

Empowering parents, through support and education, to keep their children safe

Food Allergy Support Group of Monmouth County

Fall 2006
Newsletter

Fall/Winter 2006 Workshops and Other Activities

Wed., October 4 — Planning meeting for the Halloween party and for our group's participation in the FAAN Walk

*Sun., October 15 — FAAN Walk for Food Allergy: Moving Toward A Cure
Saddle River County Park, Wild Duck Pond, Ridgewood, NJ 07450
Registration begins at noon. For more information visit
www.foodallergy.org. FASGMC T-shirts are \$9 each. Contact Angie
Frankovic 732-383-5272 as soon as possible to order a shirt.*

Sun., October 29 — Food-Free Halloween Party. See flier for details

*Wed., November 1 — "Round Robin" Discussion: meet other members
of the group and discuss issues important to us*

Wed., December 6 — Holiday Dinner. Location and details TBA

January 2007 — Winter break. No meeting this month

Wednesday Workshops begin at 7:30 p.m. at
Asthma, Sinus & Allergy Center, 1 Branch Ave., Red Bank (732) 741-8222
Tina Zecca, DO, Medical Advisor

For more information, please contact
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Or visit <http://fasgmc.tripod.com>.

For information about the Web site or e-mail list
contact Ellen at zena68@yahoo.com.
E-mail FASGMC-subscribe@yahoogroups.com to subscribe to our list.

Special Thanks:

Special thanks to Julia Pisacreta of **Verus Pharmaceuticals**, makers of **Twinject** epinephrine auto-injector, for speaking at our most recent meeting.

For more information and to receive a coupon for a free Twinject, visit freeepinephrine.com/

Tips for a Safe & Fun Halloween

- Supply neighbors with safe candy or non-candy treat to give to your child(ren.)
- Start a new tradition — the Great Pumpkin or Halloween Witch can take away the unsafe candy and replace it with non-candy treats.
- Read labels on all make-up carefully. They could contain peanut, nut or seed oils, milk derivatives or other food-based ingredients.
- Be involved in your child's Halloween party at school
- **Attend the FASGMC food-free Halloween party**